

STARTERS

CAJUN VEGAN BITES **VE** 4.99

Mock chicken pieces made with soya and wheat, marinated in a Cajun sauce and hand coated in a chilli breadcrumb with a burger mayo

TODAY'S SOUP **VE** 3.99

Served with half a toasted brioche-style bun

PARSLEY BREADED MUSHROOMS **V** 3.99

Crispy coated button mushrooms, served with a cool sour cream dip

HOME-FRIED NACHOS **V** 6.79

Home-fried flour tortilla chips tossed in paprika spice topped with melted cheddar, spicy salsa, guacamole, sour cream and jalapeño peppers

ADD SWEET CHILLI SAUCE FOR 1.00

LARGE BAKED CAMEMBERT TO SHARE **V** 8.49

Camembert, oven baked in the box, topped with sweet red onion chutney and served with warm ciabatta

MAINS

LENTIL & SPINACH PIE **VE** 8.99

Topped with kale mash and served with steamed greens

SWEET CHILLI NOODLES **VE** **VD** 8.49

Flat noodles tossed in baby corn, peppers, broccoli, pak choi, beansprouts, spring onions and sweet chilli sauce

ASPARAGUS & BASIL PESTO PASTA **V** 7.99

Penne pasta tossed in basil pesto and slow-roasted tomato, finished with baby leaves and Italian-style hard cheese breadcrumbs

VEGETARIAN TOAD IN THE HOLE **V** 9.49

Three vegetarian sausages on mashed potato, served in an oversized Yorkshire pudding with a rich onion gravy and steamed greens

CAULIFLOWER BANG BANG SALAD **VE** **VD** 8.49

Salad leaves with tandoori cauliflower, tabbouleh salad, radish, mango, cherry tomatoes, cucumber drizzled with pineapple and lemongrass dressing

VEGAN BURGER **VE** **VD** 10.49

Plant-based burger topped with melted mature Violife (TM) vegan slice. Served in a toasted bun with lettuce, tomato and vegan burger sauce. Served with dressed salad

SRI LANKAN VEGETABLE CURRY **VE** 9.49

Roasted butternut squash, spinach and aubergine Sri Lankan-inspired curry served with mint and coriander rice and crispy beetroot tortilla

VEGAN PASTA BAKE **VE** **VD** 8.99

Oven-baked pasta tubes stuffed with creamy tofu, flavoured with lemon and mint. Topped with a marinara sauce served with a dressed salad

ROASTED MEDITERRANEAN VEGETABLE TART **VE** **VD** 9.49

Encased in a tumeric infused pastry filled with tomato chutney, topped with Violife TM (our vegan alternative to cheese - made with coconut oil)

LUNCH BITES AVAILABLE MONDAY TO SATURDAY 12PM TO 5PM

CAJUN VEGAN BITES WRAP **VE** 5.79

Served in a beetroot and chia seed wrap with a lemongrass & ginger dressed salad and crisps

CHEDDAR & RED ONION CHUTNEY SANDWICH **V** 5.29

Served on your choice of white or wholemeal bloomer bread or ciabatta with a dressed salad and crisps

SIDES ALL 1.99

BATTERED ONION RINGS **V**
GARLIC CIABATTA **V**
CHEESY GARLIC CIABATTA **V**
SEASONED CHIPS **V**

GLAZED BABY POTATOES **VE**
DRESSED MIXED SALAD **V**
STEAMED GREENS **VE**
MASHED POTATO **V**

CAULIFLOWER CHEESE **V**
FRESH AVOCADO **VE**
MEDITERRANEAN VEGETABLES **VE**

DESSERTS

SALTED CARAMEL BILLIONAIRE'S GOLD BAR* **VE** 5.79

Served with strawberry sauce

TREACLE SPONGE PUDDING **V** 4.79

Served with your choice of whipped cream, vanilla pod ice cream or thick custard

CARAMEL APPLE CRUMBLE PIE **V** 4.79

Served with your choice of whipped cream, vanilla pod ice cream or thick custard

RASPBERRY RIPPLE ARCTIC ROLL **V** 4.99

Sponge roll filled with raspberry ripple ice cream topped with crunchy sugar and strawberry sauce

STICKY CINNAMON STYLE DOUGHNUT **V** 5.49

Soaked in sticky syrup, baked with brown sugar and cinnamon served with vanilla pod ice cream

BELGIAN CHOCOLATE BROWNIE **V** 4.79

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce

VEGAN ICE CREAM **VE** 3.49

Our creamy and indulgent vegan vanilla ice cream is made using coconut oil, by our friends at Jude's (TM)

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or you require our allergen information, please let us know before ordering.

V = made with vegetarian ingredients, **VE** = made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. **VD** = dishes that contain 700kcal or less with no additional choices. Full nutritional information for all dishes can be found on our website. Weights stated are approximate uncooked weights. * = this dish contains alcohol. Always drink responsibly. All items may be subject to availability. Photos are for illustrative purposes only. Prices include VAT at the current rate.