

## STARTERS

### PINE NUT & CARROT FALAFEL **VE** £4.79

Served with a Lebanese-style dip

### CRISPY CAULIFLOWER BITES **VE** £4.49

Cauliflower, lightly breaded and roasted, coated with bang bang chilli sauce

### TODAY'S SOUP **V** £3.49

Served with warm ciabatta bread and butter

### PARSLEY-BREADED MUSHROOMS **V** £3.79

Crispy coated button mushrooms, served with cool sour cream dip

### HOME-FRIED NACHOS TO SHARE **V** £6.49

Home-fried tortilla chips topped with melted Cheddar, guacamole, sour cream, spicy salsa and jalapeño peppers

### BAKED CAMEMBERT TO SHARE **V** £6.79

Camembert, oven-baked in the box, topped with sweet red onion chutney and served with warm ciabatta

## MAINS

### LENTIL & SPINACH PIE **VE** £7.99

Topped with kale mash and served with steamed green vegetables

### WHOLEFOOD FREEKEH SALAD **VE** £7.29

A zesty medley of fresh baby leaves, cherry tomatoes, radish and mango, finished with a zingy lemongrass & ginger dressing 1536kJ/366Kcal

### PAD THAI **V** £7.49

Rice noodles tossed in mushroom, baby sweetcorn, water chestnut and pak choi, topped with sliced red chillis

### ASPARAGUS & BASIL PESTO **V** £6.99

Farfalle pasta tossed in basil pesto and slow-roasted tomato, finished with baby leaves and Italian hard cheese breadcrumbs

### VEGETARIAN TOAD IN THE HOLE **V** £8.49

Three vegetarian sausages on mashed potatoes, served in an oversized Yorkshire pudding with a rich onion gravy and steamed vegetables

### MOVING MOUNTAINS® BURGER **VE** £9.79

Plant-based burger topped with melted mature Violife™ vegan slice. Served in a toasted seeded bun with lettuce, tomato and vegan Sriracha mayo. Served with dressed salad only 2157kJ/514Kcal

### ROASTED CAULIFLOWER CURRY **VE** £8.49

Roasted cauliflower in a mild Cambodian-inspired curry sauce. Served with basmati rice and a sweet chilli dressed salad

### VEGAN LASAGNE **VE** £7.79

A medley of mushrooms, peppers, courgette and aubergine flavoured with garlic and basil. Layered with vegan pasta sheets and soy milk tomato béchamel. Topped with a herbed crumb and served with a dressed salad

### SQUASH, BEETROOT & FILO PARCEL **VE** £8.49

A crispy filo parcel filled with squash and beetroot, served with steamed greens and baby potatoes

## SIDES ALL £1.99

BATTERED ONION RINGS **V**

GARLIC CIABATTA **V**

CHEESY GARLIC CIABATTA **V**

SEASONED CHIPS **V**

GLAZED BABY POTATOES **V**

DRESSED MIXED SALAD **V**

STEAMED GREENS **V**

MASHED POTATOES **V**

CAULIFLOWER CHEESE **V**

## DESSERTS

### SUMMER BERRY & NUT TART\* **VE** £4.99

A summer berry compote tart topped with mixed nuts, served with coconut milk ice cream – our non-dairy alternative

### TREACLE SPONGE PUDDING **V** £4.29

Served with your choice of whipped cream, vanilla pod ice cream or thick custard

### BRAMLEY APPLE PIE **VE** £4.29

Served with coconut milk ice cream – our non-dairy alternative with a light and creamy texture

### CHOCOLATE CHIP S'MORES **V** £5.29

Marshmallow s'mores topped with vanilla ice cream, Belgian chocolate sauce and chocolate sprinkles

### BELGIAN CHOCOLATE BROWNIE **V** £4.29

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce

### COCONUT MILK ICE CREAM **VE** £2.79

Our non-dairy alternative with a light and creamy texture

Prices include VAT at the current rate. All our food is prepared in a kitchen where cross-contamination may occur and our menu descriptions do not include all ingredients. Full allergen information is available upon request. If you have a question, food allergy or intolerance, please let us know before placing your order. **V** made with vegetarian ingredients, **VE** made with vegan ingredients; however, some of our preparation and cooking methods could affect this. If you require more information, please ask your server. Dishes marked with kJ and Kcal are under 700 calories. Full nutritional information for all dishes can be found on our website. \*This dish contains alcohol. Always drink responsibly. All items may be subject to availability. Photos are for illustrative purposes only.