

EATS

*step into*

**FRESH  
FLAVOURS**

*enjoyed*

**AT OUR  
TABLE**

## STARTERS & SHARERS

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### Sticky Crispy Chicken 5.99

Tender bites glazed in chipotle chilli relish. 642 kcal

### Beer-Battered Mushrooms\* v 5.29

Served with a cool sour cream dip. 284 kcal

### Panko-Breaded Butterflied Prawns 5.99

Served with chipotle chilli relish. 180 kcal

### Chargrilled Lamb Koftas 5.99

With pink pickled onions, chilli relish, fiery jalapeño tzatziki and crispy onions. 420 kcal

### Garlic Ciabatta v 420 kcal 5.29

### Cheesy Garlic Ciabatta v 616 kcal 6.29

### BBQ Chicken Wings

Salt & pepper chicken wings coated in classic BBQ sauce, served as:

**Regular** 374 kcal 5.99 | **Large** (To share) 1419 kcal 11.99

### Hot & Fiery Chicken Wings

Salt & pepper chicken wings coated in hot sauce with fiery jalapeño tzatziki, served as: **Regular** 407 kcal 5.99 | **Large** (To share) 1450 kcal 11.99

### Spicy Chicken Sharing Nachos 10.29

Tortilla chips topped with spicy chicken fries, cheese sauce, southern gravy, guacamole, jalapeños and spring onions. 1035 kcal

### Sharing Nachos v 8.79

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeño peppers and spring onions. 915 kcal

### Salt & Pepper Calamari 5.99

Served with a lemon mayonnaise. 324 kcal

### Sweet Potato, Chickpea & Apricot Falafel\* v 5.99

With pink pickled onions, chilli relish and crispy onions. 225 kcal

### Tomato & Roasted Red Pepper Soup v 4.99

Served with warm crusty ciabatta bread and butter. 330 kcal

Vegan serve available v 256 kcal

## LUNCH BITES

Monday to Saturday, 12pm - 5pm

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Served with skin-on fries v as standard, or swap to a side salad v for a lighter lunch.

### Crispy Chicken Ciabatta 8.29

Sticky crispy chicken glazed with chipotle chilli relish, in a crusty ciabatta. 1079 kcal

### Open Steak Sandwich 9.29

Tender slices of rump steak, sliced mushrooms and peppercorn sauce\* on crusty ciabatta bread. 840 kcal

### Chicken, Bacon and Avocado Wrap 7.79

Chargrilled chicken, back bacon and ripe avocado in a soft tortilla wrap. 869 kcal

### Prawn Marie Rose\* Ciabatta 7.79

Prawns in a Bloody Marie Rose sauce\* in a crusty ciabatta. 908 kcal

### Falafel Salad Wrap\* v 7.79

Sweet potato, chickpea & apricot falafel\*, tomato, salad and chipotle chilli relish in a soft tortilla wrap. 786 kcal

Vegan serve available v 477 kcal

**SWAP TO CAJUN-TOPPED FRIES v FOR 50p +111 kcal**

## ORDER FROM YOUR TABLE

No need to get up – we'll bring your pub favourites to you.  
Scan the QR code, find your local and place your order.  
Sit back, relax and enjoy!



Adults need around 2000 kcal per day.

## Ember Classics

### Hunter's Chicken Schnitzel 12.79

Breaded chicken breast, topped with BBQ sauce, back bacon and melted mature Cheddar. Served with skin-on fries and a dressed side salad. 1370 kcal

### Grilled Fillets of Sea Bass 13.29

With sauté potatoes, king prawns, peas and free-range hollandaise sauce. 883 kcal

### Halloumi and Chips v 11.79

Freshly battered halloumi, served with seasoned chips, mushy peas and tartare sauce. 1323 kcal

### Slow-Cooked Rib of Beef 17.29

Bone-in beef rib with potato gratin, fresh roasted root vegetables, steamed greens, and a rich gravy. 856 kcal

### Sausages and Mash\* 10.79

Three British farm-assured pork sausages served with mashed potato, ale & onion gravy, topped with onion fries. 655 kcal

### Scampi and Chips 10.99

Whitby™ wholetail scampi, served with seasoned chips, garden peas and tartare sauce. 883 kcal

### Haddock and Chips 12.49

Freshly battered haddock, served with seasoned chips, mushy peas and tartare sauce. 1149 kcal

**ADD White Bloomer Bread & Butter v 345 kcal +99p**

**ADD Wholemeal Bloomer Bread & Butter v 318 kcal +99p**

### Chicken & Leek Pie\* 12.49

Chicken and leek in a shortcrust pastry case, served with mashed potato, steamed greens and a rich gravy. 1351 kcal

### Posh Fish and Chips 13.99

Two hand-battered sea bass fillets, served with seasoned chips, mushy peas and tartare sauce. 1233 kcal

### Thick Cut Gammon Steak 12.49

Served with seasoned chips, garden peas, grilled tomato and your choice of two free-range fried eggs (+276 kcal), chargrilled fresh pineapple (+90 kcal) or one of each (+229 kcal). 681 kcal

### Shepherd's Pie 13.79

Pulled lamb topped with mashed potato and Cheddar cheese, served with steamed greens. 694 kcal

### Beef & Red Wine Lasagne\* 10.99

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 724 kcal

### Rainbow Lasagne ve 10.29

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. 444 kcal

### Gobi Dhansak Curry ve 11.29

A delicious blend of vegetables, lentils and chickpeas. Served with pilau rice and two naan breads. 801 kcal

### Chicken Tikka Masala 11.79

Marinated chicken served in a spiced aromatic tikka masala curry sauce. Served with pilau rice and two naan breads. 995 kcal

**ADD Gunpowder Potato Samosas v +3.49**  
Served with mango chutney and fiery jalapeño tzatziki. 330 kcal

**Poppadoms and Chutney v +1.50**  
Served with a mango chutney and fiery jalapeño tzatziki. 281 kcal

## BURGERS

All our burgers are served with skin-on fries v

### Cheese and Bacon Burger

Topped with Monterey Jack cheese and grilled back bacon. Served in a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce.

**Beef**

**Single 879 kcal 11.99 | Double 1021 kcal 13.49**

**Chargrilled Chicken Breast**

**Single 905 kcal 11.99 | Double 1074 kcal 13.49**

### ADD A LITTLE EXTRA FOR 99p

BBQ Sauce ve 181 kcal | Onion Fries v 90 kcal  
Cheese v 65 kcal | Bacon 75 kcal

**SWAP TO CAJUN-TOPPED FRIES v  
FOR 50p +111 kcal**

### Ultimate Burger 13.79

Beef burger, fiery chicken fries, cheese and back bacon topped with cheese sauce and onion fries served with southern gravy in a brioche-style bun. 1186 kcal

### Falafel & Spinach Burger v 11.29

Topped with Cathedral City® plant-based slice. Served on a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce. 879 kcal

Vegan serve available ve 570 kcal

### Hot and Spicy Chicken Burger 12.29

Hot and spicy coated chicken fillet topped with cheese, back bacon, hash brown and southern gravy in a brioche-style bun. 1050 kcal



## FROM THE GRILL

*Our steaks are expertly aged for depth of flavour and served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries.*

**8oz<sup>#</sup> Sirloin Steak** 1129 kcal **15.99**

**8oz<sup>#</sup> Rump Steak** 974 kcal **13.99**

**DOUBLE UP** 8oz<sup>#</sup> Rump Steak 498 kcal **+4.50**

### MAKE IT SAUCY FOR 1.49

Peppercorn Sauce\* 82 kcal

Beef Dripping Gravy 157 kcal Chimichurri **Ve** 280 kcal

**Surf & Turf** 16.99

Mature 8oz<sup>#</sup> tender rump steak chargrilled to order, served with panko-breaded butterflied prawns. 1044 kcal

**UPGRADE** 8oz<sup>#</sup> Sirloin Steak +156 **+2.00**

**Mixed Grill** 16.49

Grilled 4oz<sup>#</sup> rump steak, chargrilled chicken breast, thick-cut gammon steak, two British farm-assured pork sausages and two free-range fried eggs. 1459 kcal

**UPGRADE** 8oz<sup>#</sup> Rump Steak +204 kcal **+4.50**

**Half Roast Chicken** 13.49

Served with skin-on fries and freshly dressed slaw and your choice of sauce: Hot Sauce (1374 kcal), BBQ Sauce (1306 kcal) or Chimichurri (1355 kcal).

**Tandoori Chicken Skewer** 12.49

Served on a flatbread with fiery jalapeño tzatziki, gem lettuce, mixed grains, pink pickled onions and hot sauce. Served with skin-on fries. 1031 kcal

**Halloumi Skewer** **Ve** 12.29

Served on a flatbread with fiery jalapeño tzatziki, gem lettuce, mixed grains, pink pickled onions and hot sauce. Served with skin-on fries. 1242 kcal

**SWAP TO CAJUN-TOPPED FRIES **Ve** FOR 50p +111 kcal**

## SALADS

**Chicken, Bacon and Avocado Salad** 11.29

Chargrilled chicken breast, back bacon, ripe avocado, fresh sliced tomatoes and little gem lettuce tossed in a zesty dressing. 570 kcal

**Avocado and Mixed Grain Salad** **Ve** 9.69

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. 442 kcal

**ADD** Halloumi Skewer **Ve** 440 kcal **+3.00**

Chicken Tandoori Skewer 212 kcal **+3.49**

Sweet Potato, Chickpea & Apricot Falafel\* **Ve** 137 kcal **+3.00**

### On the Side

**Seasoned Chips** **Ve** 2.49

403 kcal

**Skin-on Fries** **Ve** 2.79

384 kcal

**Cajun-Topped Fries** **Ve** 3.49

Cajun-dusted skin-on fries with spicy mayo. 494 kcal

**Glazed Baby Potatoes** **Ve** 2.79

227 kcal

**Dressed Side Salad** **Ve** 2.79

75 kcal

**Onion Fries** **Ve** 2.79

181 kcal

**Mac & Cheese** **Ve** 2.79

392 kcal

**Garlic Ciabatta** **Ve** 2.79

223 kcal

**Cheesy Garlic Ciabatta** **Ve** 3.29

321 kcal

**Dauphinoise Potatoes** **Ve** 2.79

406 kcal

**Fresh Roasted Root**

**Vegetables** **Ve** 2.79

Parsnip, carrots and red onion.

100 kcal

**Steamed Greens** **Ve** 2.79

Green cabbage, leeks and peas.

87 kcal

# Set Menu

**DAYTIME: MONDAY to FRIDAY 12PM till 5PM**  
3 courses 12.29 | 2 courses 10.29 | 1 course 8.29

**EVENING: MONDAY to THURSDAY after 5PM**  
3 courses 15.49 | 2 courses 12.99

## STARTERS

### Beer-Battered Mushrooms\* **V**

Served with a cool sour cream dip. 284 kcal

### Tomato & Roasted Red Pepper Soup **V**

Served with warm crusty ciabatta bread and butter. 330 kcal

Vegan serve available **Ve** 256 kcal

### Garlic Ciabatta **V** 420 kcal

### BBQ Chicken Wings

Salt & pepper chicken wings coated in classic BBQ sauce. 374 kcal

### Nachos **V**

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeño peppers and spring onions. 497 kcal

## DAYTIME MAINS

### Hand-Carved Ham, Egg and Chips

Ham with two free-range fried eggs, seasoned chips and peas. 1090 kcal

### Sausages and Mash\*

Two British farm-assured pork sausages served with mashed potato and ale & onion gravy. 461 kcal

### Chargrilled Chicken Breast

Served with seasoned chips, garden peas and your choice of BBQ sauce (+181 kcal), hot sauce (+86 kcal) or gravy (+36 kcal). 644 kcal

### Mac & Cheese **V**

Macaroni in a Cheddar cheese sauce served with garlic ciabatta, topped with crushed tortilla chips and crispy onions. 994 kcal

### Halloumi and Chips **V**

Freshly battered halloumi, served with seasoned chips, mushy peas and tartare sauce. 1323 kcal

### Smoked Haddock Fishcakes

Smoked haddock fishcakes with seasoned chips, peas and tartare sauce. 736 kcal

### Avocado and Mixed Grain Salad **Ve**

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. 442 kcal

**ADD Halloumi Skewer **V** 440 kcal +3.00**  
**Chicken Tandoori Skewer 212 kcal +3.49**  
**Sweet Potato, Chickpea & Apricot Falafel\* **Ve** 137 kcal +3.00**

## EVENING MAINS

### Classic Chicken Burger

Served in a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato and burger sauce, with a side of skin-on fries. 765 kcal

**DOUBLE UP 933 kcal +1.50**

### 8oz<sup>#</sup> Rump Steak +2.00

Grilled to order served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries. 974 kcal

**DOUBLE UP 8oz<sup>#</sup> Rump Steak 498 kcal +4.50**

**ADD Peppercorn Sauce\* 82 kcal +1.49**  
**Chimichurri Sauce **Ve** 280 kcal +1.49**  
**Beef Dripping Gravy 157 kcal +1.49**

### Scampi and Chips

Whitby™ whole-tail scampi, served with seasoned chips, garden peas and tartare sauce. 883 kcal

### Chicken Schnitzel +1.00

Served with a free-range fried egg and your choice of salad (+75 kcal) or skin-on fries. (+384 kcal). 1045 kcal

### Classic Beef Burger

Served in a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato and burger sauce, with a side of skin-on fries. 739 kcal

**DOUBLE UP 881 kcal +1.50**

**ADD Cheese and Bacon 140 kcal +1.50**

### Rainbow Lasagne **Ve**

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. 444 kcal

### Thick Cut Gammon Steak

Served with seasoned chips, garden peas, grilled tomato and your choice of two free-range fried eggs (+276 kcal), chargrilled fresh pineapple (+90 kcal) or one of each (+229 kcal). 681 kcal

### Beef & Red Wine Lasagne\*

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 724 kcal

## DESSERTS

### Chocolate Orange Sponge Pudding **V**

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 767 kcal

### Sticky Toffee Pudding **V**

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 266 kcal

### Vanilla Ice Cream **V** 450 kcal

### Caramel Cheezecake **Ve**

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. 681 kcal

### Belgian Chocolate Brownie **V**

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. 864 kcal

## DESSERTS

### Apple & Blackcurrant

#### Crumble **V** 5.99

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 441 kcal

#### Sticky Toffee Pudding **V** 5.79

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 266 kcal

### Chocolate Orange

#### Sponge Pudding **V** 5.99

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 767 kcal

#### Caramel Cheezecake **Ve** 6.29

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. 681 kcal

#### Belgian Chocolate Brownie **V** 5.79

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. 864 kcal

#### Biscoff® Sundae **V** 5.99

Vanilla pod ice cream topped with fluffy cream, Biscoff® biscuits and Biscoff® sauce. 1030 kcal

### Strawberry & Raspberry

#### Eton Mess Sundae **V** 5.99

Pieces of melt-in-your mouth meringue with fluffy cream, fruit and vanilla pod ice cream. 673 kcal

Best of Both

ENJOY A  
MINI PUDDING &  
TEA OR COFFEE  
FOR £5.99

Mini Belgian  
Chocolate Brownie **V**  
537 kcal

Mini Strawberry  
& Raspberry Eton  
Mess Sundae **V**  
345 kcal

## HOT DRINKS



TORINO, ITALIA, 1895



Our 100% Arabica RFA certified coffee offers a medium body and delicate taste -.

#### Espresso 9 kcal 2.49

#### Americano 11 kcal 2.79

#### Latte 108 kcal 2.79

**ADD** Vanilla Syrup 34 kcal +50p  
Caramel Syrup 32 kcal +50p

#### Cappuccino 151 kcal 2.79

#### Mocha 157 kcal 2.79

All hot drinks are served with a Biscoff® biscuit **V** 18 kcal

Decaffeinated and milk alternatives+ available upon request.

#### Flat White 84 kcal 2.99

#### Iced Coffee 82 kcal 2.99

**ADD** Vanilla Syrup 34 kcal +50p  
Caramel Syrup 32 kcal +50p

#### Tea 2.29

Choose from: Breakfast Tea, Earl Grey, Peppermint, Green Tea or Fruit Infusion. 0 kcal

#### Hot Chocolate 2.99

For the real chocoholic! 132 kcal

**ADD** Baileys™ 4.99

## ENJOY EMBER INNS AT HOME

Visit [emberinns.co.uk/takeaway](https://emberinns.co.uk/takeaway) or scan the QR code.

Find your local and place an order for takeaway or delivery<sup>‡</sup>.

Put your feet up and enjoy pub classics at home!

<sup>‡</sup>Available at selected Ember Inns only.



Adults need around 2000 kcal per day.

**V** - made with vegetarian ingredients, **Ve** - made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know before ordering.

All calories are correct at the time of menu print. Live nutrition information is available online. All items are subject to availability. Set Menus are not available on national bank holidays. Fish dishes may contain small bones. #All weights stated are approximate and prior to cooking. \*This dish contains alcohol. Prices include VAT at the current rate. Biscoff® is a registered trademark of Lotus Bakeries. Cathedral City® is a trademark owned by Dairy Crest Limited, trading as Saputo Dairy UK. Baileys® is a registered trademark of Diageo. -Not applicable for decaffeinated coffee (not Rainforest Alliance certified). +Available as part of selected hot drinks, please ask our team.