

FOOD

BRINGING FRIENDS AND FAMILY AROUND THE TABLE



EMBER INNS

DAYTIME & EVENING SET MENU

DAYTIME MENU Monday to Friday, 12pm – 5pm
3 COURSES | 2 COURSES | 1 COURSE

EVENING MENU Monday to Friday, 5pm onwards
3 COURSES | 2 COURSES

Please order all courses at the same time for the fixed price to apply. Please refer to terms and conditions.

STARTERS

BEER-BATTERED MUSHROOMS* ✓

Crispy coated button mushrooms, served with a cool sour cream dip. *284 kcal*

GARLIC CIABATTA BREAD ✓

457 kcal

CHICKEN WINGS

Salt & pepper chicken wings coated in classic BBQ sauce. *374 kcal*

NACHOS ✓

Crunchy tortilla chips, topped with guacamole, tomato salsa, soured cream and nacho cheese sauce. *532 kcal*

TOMATO & BASIL SOUP ✓

Served with warm ciabatta bread and butter. *276 kcal*

Vegan option available. *Ve 317 kcal*

DAYTIME MAINS

HAND-CARVED HAM, EGG & CHIPS

Ham with two fried free-range eggs, seasoned chips and peas. *1090 kcal*

SAUSAGE & MASH

Two British farm-assured pork sausages on a bed of mashed potatoes served with onion rings and gravy. *792 kcal*

CHARGRILLED CHICKEN BREAST

Served with seasoned chips, garden peas (*652 kcal*) and your choice of BBQ sauce (*181 kcal*), or gravy (*153 kcal*).

MEDITERRANEAN-STYLE ROASTED VEGETABLE LINGUINE *Ve*

Linguine with roasted courgette, peppers and red onion, tossed in a tomato sauce and topped with Greek-style feta alternative (made with coconut oil). *710 kcal*

SMOKED HADDOCK FISHCAKES

Smoked haddock fishcakes with chips, peas and tartare sauce. *736 kcal*

MAC 'N' CHEESE ✓

Macaroni in a Cheddar cheese sauce served with garlic bread slices, topped with crushed tortilla chips and crispy onions. *992 kcal*

MEDITERRANEAN-STYLE ROASTED VEGETABLE SALAD *Ve*

Roasted courgette, pepper, red onion, cherry tomato, cucumber, and tabbouleh. Served with a tomato dressing and topped with Greek-style feta alternative (made with coconut oil). *565 kcal*

EVENING MAINS

CLASSIC BURGER

Choose from premium beef (*856 kcal*) or chargrilled chicken breast (*890 kcal*). Served on a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato, with a side of seasoned chips and burger sauce.

8oz RUMP STEAK#

Chargrilled to your liking. Served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion rings. *1184 kcal*

DOUBLE UP 8oz# Rump Steak
498 kcal

ADD your choice of sauce

Béarnaise* *123 kcal*, Peppercorn* *82 kcal*
or beef dripping gravy *157 kcal*

BEEF & RED WINE LASAGNE*

Served with garlic ciabatta and dressed salad. *824 kcal*

GAMMON & CHIPS

Premium thick-cut gammon steak, served with seasoned chips, garden peas, grilled tomato and your choice of two fried free-range eggs (*914kcal*), chargrilled fresh pineapple (*776kcal*) or one of each choice (*892kcal*)

CHICKEN TIKKA

KASHMIR-STYLE CURRY+£1

Chicken tikka masala, with Kashmiri-style spiced creamy aromatic curry sauce, served with two naan bread and coriander rice. *931 kcal*

ADD Poppadoms ✓
110 kcal

GOBI DHANSAK CURRY *Ve*

Vegan gobi dhansak, served with steamed coriander rice. *526 kcal*

ADD Poppadoms ✓
110 kcal

DESSERTS

CARAMEL APPLE CRUMBLE PIE ✓

396 kcal. Served with your choice of cream *51 kcal*, vanilla pod ice cream *224 kcal* or thick custard *86 kcal*.

GRILLED BELGIAN WAFFLES ✓

Two Belgian waffles, served with blueberry compote & strawberries, cream and chocolate sauce. *886 kcal*

VEGAN CARAMEL CHEEZCAKE *Ve*

A creamy coconut-based topping, on a cinnamon biscuit base. Served with blueberry compote and fresh mint. *670 kcal*

STICKY TOFFEE PUDDING ✓

266 kcal. Served with your choice of cream *51 kcal*, vanilla pod ice cream *224 kcal* or thick custard *86 kcal*.

BELGIAN CHOCOLATE BROWNIE ✓

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. *864 kcal*

VANILLA POD ICE CREAM ✓

450 kcal

STARTERS & SHARERS

EMBER SPECIAL

SALT & PEPPER CALAMARI

Tender strips of panko-breaded calamari. Seasoned with salt & pepper and served with a lemon mayonnaise. *323 kcal*

BEER-BATTERED MUSHROOMS* ✓

Crispy coated button mushrooms, served with a cool sour cream dip. *284 kcal*

LAMB KOFTAS

Chargrilled Persian-style lamb koftas, served with a lemon & coriander houmous, crispy fried onions & chilli jam. *401 kcal*

CRISPY CHIPOTLE CHICKEN

Japanese-style crispy chicken coated in chipotle sauce. *642 kcal*

CHICKEN WINGS

Salt & pepper chicken wings coated in your choice of sauce. Enjoy on your own, or if you're looking to share, we'd recommend going large.

Classic BBQ

Large *1419 kcal* | Regular *374 kcal*

Frank's RedHot® Buffalo Hot Sauce

Large *1292 kcal* | Regular *328 kcal*

CRISPY PRAWNS

Crispy crumbed king prawns, served on a Marie Rose sauce, with a fresh lemon wedge. *326 kcal*

TIKKA SKEWERS *Ve*

Plant-based tikka skewers served with crispy onions and chilli jam. *460 kcal*

TOMATO & BASIL SOUP ✓

Served with warm ciabatta bread and butter. *276 kcal*

Vegan option available. *Ve 317 kcal*

GARLIC CIABATTA BREAD ✓

457 kcal

CHEESY GARLIC CIABATTA BREAD ✓ *633 kcal*

EMBER SPECIAL

SHARING NACHOS ✓

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeño peppers, spring onions, grated cheese and coriander. *975 kcal*



LUNCH BITES

Served every Monday to Saturday, between 12pm – 5pm.

EMBER SPECIAL

CRISPY CHICKEN CIABATTA

Chipotle chilli-glazed crispy coated chicken ciabatta sandwich, served with seasoned chips and salad. *1031 kcal*



CRISPY PRAWN CIABATTA

Crispy breaded prawns served on ciabatta with Marie Rose sauce, salad and crisps. *676kcal*

STEAK & CHUTNEY CIABATTA

Sliced rump steak & onion chutney in ciabatta served with seasoned chips and salad. *1028 kcal*

BLT CIABATTA

Bacon, lettuce, tomato & mayonnaise served in a toasted ciabatta. Served with side salad and crisps. *805 kcal*

SMASHED AVOCADO ON TOAST *Ve*

Fresh avocado, tomato and chilli on wholemeal toast. *490 kcal*

FANCY AN UPGRADE?

Swap crisps for either seasoned chips ✓ or Sweet potato fries ✓

Please refer to sides for calorie information

ORDER FROM THE COMFORT OF YOUR TABLE

Leave the queues behind, simply order food and drinks to your table and we'll do the rest...

- Scan the QR code
- Find your Ember Inns pub
- View our menu and place your order
- Sit back, relax and enjoy



EMBER CLASSICS

HUNTER'S CHICKEN

Chargrilled chicken breast with grilled back bacon, melted cheese and BBQ sauce. Served with seasoned chips, garden peas, a flat mushroom, grilled tomato and crispy onion rings. **1218 kcal**

GAMMON & CHIPS

Premium thick-cut gammon steak, served with seasoned chips, garden peas, grilled tomato and your choice of two fried free-range eggs (**914kcal**), chargrilled fresh pineapple (**776kcal**) or one of each choice (**892kcal**)

POSH FISH & CHIPS*

Two fillets of sea bass, hand-battered in pale ale, served with seasoned chips, mushy peas, chunky tartare sauce and fresh lemon. **1048 kcal**

HADDOCK & CHIPS*

Hand-battered in pale ale served with seasoned chips, mushy peas, chunky tartare sauce and fresh lemon. **958 kcal**

ADD Bread & Butter
White (**329 kcal**) or
Wholemeal (**328 kcal**)

SCAMPI & CHIPS

Whitby™ wholetail scampi served with seasoned chips, garden peas, chunky tartare sauce and fresh lemon. **896 kcal**

SAUSAGE & MASH

Three British farm-assured pork sausages served with mashed potato, onion rings, and a jug of gravy. **914 kcal**

GRILLED SEA BASS FILLETS*

Two grilled sea bass fillets served with glazed baby potatoes, asparagus and béarnaise sauce. **752 kcal**

NEW

SHEPHERD'S PIE

Pulled lamb topped with mashed potato and Cheddar cheese. Served with steamed greens. **694 kcal**

GOBI DHANSAK CURRY *Ve*

Vegan gobi dhansak, served with steamed coriander rice. **526 kcal**

ADD Poppadoms *✓*
110 kcal

CHICKEN TIKKA KASHMIR-STYLE CURRY

Chicken tikka masala, with Kashmiri-style spiced creamy aromatic curry sauce, served with two naan bread and coriander rice. **931 kcal**

ADD Poppadoms *✓*
110 kcal

EMBER SPECIAL

CHICKEN & PORTOBELLO MUSHROOM PIE*

Chicken & mushroom pie, served with mashed potato, steamed greens & a rich jug of gravy. **1183 kcal**



PASTA & SALADS

BEEF & RED WINE LASAGNE*

Served with garlic ciabatta and a dressed salad. **824 kcal**

CHICKEN, BACON & AVOCADO SALAD

Salad leaves with tabbouleh, topped with chargrilled chicken, grilled back bacon, sliced fresh avocado drizzled in honey & mustard dressing. **666 kcal**

BACON & MUSHROOM CARBONARA

Penne pasta topped with creamy carbonara sauce and Italian hard cheese crumb. **944 kcal**

MEDITERRANEAN STYLE ROASTED VEGETABLE SALAD *Ve*

Roasted courgette, pepper, red onion, cherry tomatoes, cucumber and tabbouleh. Served with a tomato dressing and topped with Greek-style feta alternative (made with coconut oil). **565 kcal**

MEDITERRANEAN STYLE ROASTED VEGETABLE LINGUINE *Ve*

Linguine with roasted courgette, peppers and red onion, tossed with a tomato sauce and topped with Greek-style feta alternative (made with coconut oil). **710 kcal**

ADD A LITTLE EXTRA

ADD Two seabass fillets
387 kcal

ADD Fresh avocado *Ve*
119 kcal

ADD Greek-style feta alternative
(made with coconut oil) *Ve*
153 kcal

ADD Bacon
150 kcal

ADD Chargrilled chicken breast
176 kcal

ADD Garlic ciabatta *✓*
228 kcal

ON THE SIDE

Seasoned chips *✓* **403 kcal**

Sweet potato fries *✓* **524 kcal**

Glazed baby potatoes *Ve*
227 kcal

Steamed greens *Ve* **87 kcal**

Battered onion rings *✓* **752 kcal**

Mac & cheese *✓* **384 kcal**

Garlic bread ciabatta *✓*
228 kcal

Dressed mixed salad *✓* **113 kcal**

Garlic bread ciabatta
with cheese *✓* **314 kcal**

Roasted Mediterranean
Vegetables *Ve* **60 kcal**

Dauphinoise Potatoes *✓*
406 kcal

Fresh Roasted
Root Vegetables *Ve* **126 kcal**

FROM THE GRILL

8OZ SIRLOIN STEAK#

A prime cut of beef chargrilled to your liking. Served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion rings. *1339 kcal*

8OZ RUMP STEAK#

Mature 8oz rump steak, chargrilled to your liking. Served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion rings. *1184 kcal*

DOUBLE UP 8oz# Rump Steak
498 kcal

ADD A SAUCE

ADD Béarnaise sauce*
123 kcal

ADD Peppercorn sauce*
82 kcal

ADD Beef dripping gravy
157 kcal

SURF & TURF

Mature 8oz# tender rump steak chargrilled to order, served with crispy crumbed king prawns. *1365 kcal*

UPGRADE 8oz# Sirloin
+155 kcal

HALF ROAST CHICKEN

Served in your choice of sauce, with chips and peas

Frank's RedHot® Buffalo Hot Sauce *1317 kcal*

BBQ sauce *1411 kcal*

Chipotle chilli *1418 kcal*

NEW

SLOW-COOKED RIB OF BEEF

Bone-in beef rib with potato gratin, fresh roasted root vegetables, steamed greens, and a rich gravy. *874 kcal*

EMBER SPECIAL

MIXED GRILL

Grilled 4oz rump steak, chargrilled chicken breast, thick-cut gammon steak, two British farm-assured pork sausages and two fried free-range eggs. Served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion rings. *1676 kcal*

UPGRADE 8oz# Rump *+204 kcal*



BURGER BAR

All of our burgers are served on a toasted brioche-style bun with crisp lettuce, sliced red onion and tomato with a side of seasoned chips and burger sauce.

EMBER SPECIAL

ULTIMATE BURGER

Two premium beef burgers topped with Monterey Jack cheese, grilled back bacon and crispy onion rings. *1599 kcal*



CHEESE & BACON BURGER

Premium beef burger topped with Monterey Jack cheese and grilled back bacon.

Double *1138 kcal* | Single *996 kcal*

FRENCH-STYLE DIP BURGER

Served with beef dripping sauce for you to enjoy, two premium beef burgers topped with Monterey Jack cheese. *1239 kcal*

SOUTHERN FRIED CHICKEN BURGER

Southern fried chicken breasts cooked in a light crumb for tenderness. Served with tomato salsa. *1086 kcal*

VEGGIE BURGER ✓

Plant-based burger topped with a Greek-style feta alternative (made with coconut oil). Served in a toasted bun with lettuce, tomato, burger sauce and chips. *996 kcal*

VEGAN BURGER ✓_e

Plant-based burger topped with a Greek-style feta alternative (made with coconut oil). Served in a toasted bun with lettuce, tomato and vegan burger sauce and a dressed side salad. *702 kcal*

CLASSIC BURGER

Premium Beef Burger

Double *998 kcal* | Single *856 kcal*

Chargrilled Chicken Breast

Double *1066 kcal* | Single *890 kcal*

ADD A LITTLE EXTRA

ADD Onion rings ✓ *282 kcal*

ADD BBQ sauce ✓ *181 kcal*

ADD Bacon *75 kcal*

ADD Cheese ✓ *65 kcal*

UPGRADE from chips ✓ to sweet potato fries ✓ *524 kcal*

YOUR FAVOURITES, AT HOME#

Fancy a night in? Well, you can now enjoy all your favourite pub classics from the comfort of your own home with our takeaway and delivery options.

TO FIND OUT MORE, VISIT [EMBERINNS.CO.UK/TAKEAWAY](https://emberinns.co.uk/takeaway)

DESSERTS

STICKY TOFFEE PUDDING ✓

266 kcal. Served with your choice of cream 51 kcal, vanilla pod ice cream 224 kcal or thick custard 86 kcal.

CARAMEL APPLE CRUMBLE PIE ✓

396 kcal. Served with your choice of cream 51 kcal, vanilla pod ice cream 224 kcal or thick custard 86 kcal.

GRILLED BELGIAN WAFFLES ✓

Two Belgian waffles served with blueberry compote, fresh strawberries, cream and chocolate sauce. 886 kcal

CHOCOLATE MUNCHIES SUNDAE ✓

Vanilla pod ice cream, topped with cream, Munchies, a Cadbury® Flake and chocolate sauce. 834 kcal

BELGIAN CHOCOLATE BROWNIE ✓

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. 864 kcal

VEGAN CARAMEL CHEEZCAKE ✓e

A creamy coconut-based topping, on a cinnamon biscuit base, served with blueberry compote and fresh mint. 670 kcal

EMBER SPECIAL

STRAWBERRY & RASPBERRY ETON MESS SUNDAE ✓

Pieces of melt-in-your-mouth meringue with cream, fruit and vanilla pod ice cream. 673 kcal



BEST OF BOTH

ENJOY A MINI PUDDING WITH A TEA OR COFFEE

MINI CHOCOLATE MUNCHIES SUNDAE ✓

Vanilla pod ice cream, topped with cream, Munchies, a Cadbury® Flake and chocolate sauce. 410 kcal

MINI WAFFLE ✓

Mini Belgian waffle served with blueberry compote, fresh strawberries, cream and chocolate sauce. 430 kcal

MINI STRAWBERRY & RASPBERRY ETON MESS SUNDAE ✓

Pieces of melt-in-your mouth meringue with vanilla pod ice cream, cream & fruit. 345 kcal

MINI BELGIAN CHOCOLATE BROWNIE ✓

Served with vanilla pod ice cream and chocolate sauce. 537 kcal

HOT DRINKS

Regular | **Large**

ESPRESSO	46 kcal	46 kcal
AMERICANO	46 kcal	46 kcal
LATTE	134 kcal	173 kcal
CAPPUCCINO	147 kcal	186 kcal
MOCHA	193 kcal	231 kcal
FLAT WHITE	95 kcal	
ICED LATTE	160 kcal	
Vanilla or caramel.		
TEA	45 kcal	
Either everyday brew, Earl Grey, peppermint, green tea or fruit infusion.		

Please ask if you require a non-dairy alternative.

COFFEE & CREAM

An Americano topped with whipped cream. Regular. 230 kcal

- ADD** Shot of Tia Maria®*
- ADD** Shot of Jameson® Irish Whiskey*
- ADD** Shot of Cointreau®*

BELGIAN HOT CHOCOLATE

Delicious Belgian hot chocolate for the real chocoholic. 274 kcal

- ADD** Shot of Baileys®*
- ADD** Shot of Cointreau®*

LITTLE EXTRAS

- ADD** Vanilla syrup
- ADD** Caramel syrup

✓ Made with vegetarian ingredients.

✓e Made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. *Weights stated are approximate uncooked weights. *This dish contains alcohol.

Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or require our allergen information, please let us know before ordering.

Fish dishes may contain small bones. Full nutritional information for all dishes can be found on our website. Adults need around 2000 kcal a day. All items are subject to availability. Photos are for illustrative purposes only. Prices include VAT at the current rate. Always drink responsibly. Fixed Price menu not available on national bank holidays