## SUNDAY

step into

# MAKING MEMORIES

gathered

# AROUND OUR TABLE

**EMBER INNS** 

### STARTERS & SHARERS

#### Sticky Crispy Chicken 5.99

Tender bites glazed in chipotle chilli relish. 642 kcal

#### Beer-Battered Mushrooms\* v 5.29

Served with a cool sour cream dip. 284 kcal

- Garlic Ciabatta V 420 kcal 5.29
- Cheesy Garlic Ciabatta V 616 kcal 6.29

#### **BBO Chicken Wings**

Salt & pepper chicken wings coated in classic BBQ sauce, served as:

Regular 374 kcal 5.99 | Large (To share) 1419 kcal 11.99

#### Spicy Chicken Sharing Nachos 10.29

Tortilla chips topped with spicy chicken fries, cheese sauce, southern gravy, guacamole, jalapeños and spring onions.  $1035\ kcal$ 

#### Nachos V

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeño peppers and spring onions.

Regular 497 kcal 5.49 | Large (To share) 915 kcal 8.79

#### Salt & Pepper Calamari 5.99

Served with a lemon mayonnaise. 324 kcal

#### Sweet Potato, Chickpea & Apricot Falafel\* Ve 5.99

With pink pickled onions, chilli relish and crispy onions.  $225\ kcal$ 

#### $\P$ Tomato & Roasted Red Pepper Soup V 4.99

Served with warm crusty ciabatta bread and butter. 330 kcal

¶ Vegan serve available Ve 256 kcal

#### **EMBER CLASSICS**

#### Hunter's Chicken Schnitzel 12.79

Breaded chicken breast, topped with BBQ sauce, back bacon and melted mature Cheddar. Served with skin-on fries and a dressed side salad. 1370 kcal

#### Posh Fish and Chips 13.99

Two hand-battered sea bass fillets, served with seasoned chips, mushy peas and tartare sauce. 1233 kcal

#### Grilled Fillets of Sea Bass 13.29

With sauté potatoes, king prawns, peas and free-range hollandaise sauce. 883 kcal

#### Sausages and Mash\* 10.79

Three British farm-assured pork sausages served with mashed potato, ale & onion gravy, topped with onion fries. 655 kcal

#### Chicken & Leek Pie\* 12.49

Chicken and leek in a shortcrust pastry case, served with mashed potato, steamed greens and a rich gravy. 1351 kcal

#### Beef & Red Wine Lasagne\* 10.99

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad.  $724\,kcal$ 

#### Shepherd's Pie 13.79

Pulled lamb topped with mashed potato and Cheddar cheese, served with steamed greens.  $694\,kcal$ 

#### Chicken, Bacon and Avocado Salad 11.29

Chargrilled chicken breast, back bacon, ripe avocado, fresh sliced tomatoes and little gem lettuce tossed in a zesty dressing.  $570\,kcal$ 

#### Avocado and Mixed Grain Salad ve 9.69

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing.  $442\,kcal$ 

ADD Halloumi Skewer V 440 kcal +3.00

Chicken Tandoori Skewer 212 kcal +3.49

Sweet Potato, Chickpea & Apricot Falafel\* Ve 137 kcal +3.00

#### Gobi Dhansak Curry Ve 11.29

A delicious blend of vegetables, lentils and chickpeas. Served with pilau rice and two naan breads.  $801\,kcal$ 

### Sundays Together

#### **SUNDAY MAINS**

All of our Sunday mains are served with crisp roast potatoes, roasted root vegetables, steamed greens, Yorkshire pudding and a rich gravy.

Slow-Cooked Rib of Beef 14.49
Bone-in beef rib. 1085 kcal

Half Roast Chicken 13.49

With stuffing wrapped in bacon. 1471 kcal

Hand-Carved Gammon 11.99

With stuffing wrapped in bacon. 1154 kcal

Sunday Duo 13.99

Can't decide which roast to have? Why not enjoy our Sunday selection of gammon and half roast chicken, with roast potatoes, fresh roasted root vegetables, steamed greens, stuffing wrapped in bacon and a rich gravy. 1528 kcal

Mushroom and Spinach Wellington\* Ve 11.49

Served with baby glazed potatoes, fresh roasted root vegetables, steamed greens and a jug of rich gravy. 985 kcal

Treat yourself

## SELECTED STARTERS AND DESSERTS ONLY 2.50

Enjoy selected starters and desserts for just 2.50 each when you order one of our Sunday Mains.

Look out for **(1)** symbol for dishes included.

Please order all courses at the same time for the offer to apply.

#### **SUNDAY SIDES**

Fresh Roasted Root Vegetables *ve* 2.79

Parsnip, carrots and red onion. 100 kcal

Steamed Greens Ve 2.79

Green cabbage, leeks and peas. 87 kcal

Yorkshire Puddings V 2.79 285 kcal

Stuffing Wrapped in Bacon 2.79

Dauphinoise Potatoes V 2.79 406 kcal

Roast Potatoes & Gravy 2.79 364 kcal

Cauliflower Cheese V 2.79 310 kcal

#### **ENJOY ANY 3 SUNDAY SIDES FOR ONLY 6.49**

Please order all items at the same time for the offer to apply.

#### LITTLE ONES' SUNDAY MAINS

All children's Sunday mains are served with crisp roast potatoes, roasted root vegetables, steamed greens, Yorkshire pudding and gravy.

Chicken 5.49

551 kcal

Bone-in Beef Rib 5.49

605 kcal

## ADD ANY LITTLE ONES' STARTER and/or DESSERT FOR JUST +£1.00 EACH

See our Little Ones' menu for full details. Please order all courses at the same time for the offer to apply.

Belgian Chocolate

Brownie Sundae V 534 kcal
Vanilla Ice Cream V 550 kcal

Little Jude's Fruit & Veg Rocket

Ice Lolly V 23 kcal

Berry Mess V 124 kcal

Adults need around 2000 kcal per day.

#### Ultimate Burger 13.79

Beef burger, fiery chicken fries, cheese and back bacon topped with cheese sauce and onion fries served with southern gravy in a brioche-style bun. 1186 kcal

#### Falafel & Spinach Burger V 11.29

Topped with Cathedral City\* plant-based slice. Served on a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce. 879 kcal Vegan serve available Ve 570 kcal

#### Hot and Spicy Chicken Burger 12.29

Hot and spicy coated chicken fillet topped with cheese, back bacon, hash brown and southern gravy in a brioche-style bun.  $1050\ kcal$ 

#### Cheese and Bacon Burger

Topped with Monterey Jack cheese and grilled back bacon. Served in a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce.

Beef Single 879 kcal 11.99 | Double 1021 kcal 13.49

Chargrilled Chicken Breast Single 905 kcal 11.99 | Double 1074 kcal 13.49

#### ADD A LITTLE EXTRA FOR 99p

BBQ Sauce Ve 181 kcal Onion Fries V 90 kcal Cheese V 65 kcal Bacon 75 kcal

SWAP TO CAJUN-TOPPED FRIES V FOR 50p +111 kcal

#### FROM THE GRILL

Our steaks are expertly aged for depth of flavour and served with seasoned chips,  $grilled\ to mato,\ flat\ mushroom,\ garden\ peas\ and\ crispy\ onion\ fries.$ 

8oz# Sirloin Steak 1129 kcal 15.99

8oz# Rump Steak 974 kcal 13.99

DOUBLE UP 8oz\* Rump Steak 498 kcal +4.50

#### MAKE IT SAUCY FOR 1.49

Peppercorn Sauce\* 82 kcal Beef Dripping Gravy 157 kcal Chimichurri Ve 280 kcal

#### Mixed Grill 16.49

Grilled 4oz# rump steak, chargrilled chicken breast, thick-cut gammon steak, two British farm-assured pork sausages and two free-range fried eggs. 1459 kcal

**UPGRADE** 8oz# Rump Steak +204 kcal +4.50

SWAP TO CAJUN-TOPPED FRIES V FOR 50p +111 kcal

## on the Side

Seasoned Chips V 2.49

403 kcal

Skin-on Fries V 2.79

384 kcal

Cajun-Topped Fries V 3.49

Cajun-dusted skin-on fries with spicy mayo. 494 kcal

Dressed Side Salad Ve 2.79

75 kcal

Onion Fries V 2.79

181 kcal

Mac & Cheese V 2.79

392 kcal

Garlic Ciabatta V 2.79

Cheesy Garlic Ciabatta V 3.29

321 kcal

Fresh Roasted Root

Vegetables Ve 2.79

Parsnip, carrots and red onion. 100 kcal

#### **DESSERTS**

#### Apple & Blackcurrant Crumble V 5.99

Served with your choice of fluffy cream ( $+51\ kcal$ ), vanilla pod ice cream ( $+224\ kcal$ ) or thick custard ( $+86\ kcal$ ).  $441\ kcal$ 

#### Sticky Toffee Pudding V 5.79

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 266 kcal

#### **(1)** Chocolate Orange Sponge Pudding *V* 5.99

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 767 kcal

#### Caramel Cheezecake Ve 6.29

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce.  $681\,kcal$ 

#### **1** Belgian Chocolate Brownie *V* 5.79

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce.  $864\ kcal$ 

#### Biscoff\* Sundae V 5.99

Vanilla pod ice cream topped with fluffy cream, Biscoff® biscuits and Biscoff® sauce.  $1030\,kcal$ 

#### The Strawberry & Raspberry Eton Mess Sundae V 5.99

Pieces of melt-in-your mouth meringue with fluffy cream, fruit and vanilla pod ice cream.  $673\,kcal$ 

## Best of Both

## ENJOY A MINI PUDDING & TEA OR COFFEE FOR 5.99

#### **HOT DRINKS**

Our 100% Arabica RFA certified coffee offers a medium body and delicate taste ~.

Espresso 9 kcal 2.49

Americano 11 kcal 2.79

Latte 108 kcal 2.79

ADD Vanilla Syrup 34 kcal +50p Caramel Syrup 32 kcal +50p

Cappuccino 151 kcal 2.79

Mocha 157 kcal 2.79





Flat White 84 kcal 2.99

Iced Coffee 82 kcal 2.99

ADD Vanilla Syrup 34 kcal +50p Caramel Syrup 32 kcal +50p

Tea 2.29

Breakfast Tea, Green Tea, Earl Grey, Peppermint or Fruit Infusion. *0 kcal* 

Hot Chocolate 2.99

For the real chocoholic!  $132\ kcal$ 

ADD Baileys\*\* 4.99

All hot drinks are served with a Biscoff\* biscuit V 18 kcal Decaffeinated and milk alternatives+ available upon request.

#### ORDER FROM YOUR TABLE

No need to get up – we'll bring your pub favourites to you. Scan the QR code, find your local and place your order. Sit back, relax and enjoy!



### Step into

## **GREAT OFFERS**

at your local

#### **DAYTIME SET MENU**

MONDAY to FRIDAY 12PM till 5PM 3 courses 12.29 | 2 courses 10.29 | 1 course 8.29

#### **EVENING SET MENU**

MONDAY to THURSDAY after 5PM 3 courses 15.49 | 2 courses 12.99

#### **CURRY NIGHT**

EVERY FRIDAY after 5PM
2 courses from 14.29 | 1 course from 11.29

Adults need around 2000 kcal per day.

V- made with vegetarian ingredients,  $\overline{Ve}$ - made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know <u>before</u> ordering.

All calories are correct at the time of menu print. Live nutrition information is available online. All items are subject to availability. Fish dishes may contain small bones. #All weights stated are approximate and prior to cooking. \*This dish contains alcohol. Prices include VAT at the current rate. Biscoff® is a registered trademark of Lotus Bakeries. Cathedral City® is a trademark owned by Dairy Crest Limited, trading as Saputo Dairy UK. ~Not applicable for decaffeinated coffee (not Rainforest Alliance certified). +Available as part of selected hot drinks, please ask our team.