

EATS

step into

**FRESH
FLAVOURS**

enjoyed

**AT OUR
TABLE**

STARTERS & SHARERS

Sticky Crispy Chicken 7.49

Tender bites glazed in chipotle chilli relish. 642 kcal

Beer-Battered Mushrooms* v 6.49

Served with a cool sour cream dip. 284 kcal

Panko-Breaded Butterflied Prawns 7.49

Served with chipotle chilli relish. 180 kcal

Chargrilled Lamb Koftas 7.49

With pink pickled onions, chilli relish, fiery jalapeño tzatziki and crispy onions. 420 kcal

Garlic Ciabatta v 420 kcal 6.49

Cheesy Garlic Ciabatta v 616 kcal 7.49

BBQ Chicken Wings

Salt & pepper chicken wings coated in classic BBQ sauce, served as:

Regular 374 kcal 7.49 | **Large** (To share) 1419 kcal 12.99

Hot & Fiery Chicken Wings

Salt & pepper chicken wings coated in hot sauce with fiery jalapeño tzatziki, served as: **Regular** 407 kcal 7.49 | **Large** (To share) 1450 kcal 12.99

Spicy Chicken Sharing Nachos 11.29

Tortilla chips topped with spicy chicken fries, cheese sauce, southern gravy, guacamole, jalapeños and spring onions. 1035 kcal

Sharing Nachos v 9.79

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeño peppers and spring onions. 915 kcal

Salt & Pepper Calamari 7.49

Served with a lemon mayonnaise. 324 kcal

Sweet Potato, Chickpea & Apricot Falafel* ve 7.49

With pink pickled onions, chilli relish and crispy onions. 225 kcal

Tomato & Roasted Red Pepper Soup v 6.29

Served with warm crusty ciabatta bread and butter. 330 kcal

Vegan serve available **ve** 256 kcal

LUNCH BITES

Monday to Saturday, 12pm - 5pm

Served with skin-on fries v as standard, or swap to a side salad **ve** for a lighter lunch.

Crispy Chicken Ciabatta 10.49

Sticky crispy chicken glazed with chipotle chilli relish, in a crusty ciabatta. 1079 kcal

Open Steak Sandwich 11.79

Tender slices of rump steak, sliced mushrooms and peppercorn sauce* on crusty ciabatta bread. 840 kcal

Chicken, Bacon and Avocado Wrap 10.29

Chargrilled chicken, back bacon and ripe avocado in a soft tortilla wrap. 869 kcal

Prawn Marie Rose* Ciabatta 10.29

Prawns in a Bloody Marie Rose sauce* in a crusty ciabatta. 908 kcal

Falafel Salad Wrap* v 10.29

Sweet potato, chickpea & apricot falafel*, tomato, salad and chipotle chilli relish in a soft tortilla wrap. 786 kcal

Vegan serve available **ve** 477 kcal

SWAP TO CAJUN-TOPPED FRIES v FOR 50p +111 kcal

ORDER FROM YOUR TABLE

No need to get up – we'll bring your pub favourites to you.
Scan the QR code, find your local and place your order.
Sit back, relax and enjoy!



Adults need around 2000 kcal per day.

Ember Classics

Hunter's Chicken Schnitzel 16.29

Breaded chicken breast, topped with BBQ sauce, back bacon and melted mature Cheddar. Served with skin-on fries and a dressed side salad. 1370 kcal

Grilled Fillets of Sea Bass 17.49

With sauté potatoes, king prawns, peas and free-range hollandaise sauce. 883 kcal

Halloumi and Chips v 14.29

Freshly battered halloumi, served with seasoned chips, mushy peas and tartare sauce. 1323 kcal

Slow-Cooked Rib of Beef 21.29

Bone-in beef rib with potato gratin, fresh roasted root vegetables, steamed greens, and a rich gravy. 856 kcal

Sausages and Mash* 14.49

Three British farm-assured pork sausages served with mashed potato, ale & onion gravy, topped with onion fries. 655 kcal

Scampi and Chips 15.29

Whitby™ wholetail scampi, served with seasoned chips, garden peas and tartare sauce. 883 kcal

Haddock and Chips 14.99

Freshly battered haddock, served with seasoned chips, mushy peas and tartare sauce. 1149 kcal

ADD White Bloomer Bread & Butter v 345 kcal +99p

ADD Wholemeal Bloomer Bread & Butter v 318 kcal +99p

Chicken & Leek Pie* 15.99

Chicken and leek in a shortcrust pastry case, served with mashed potato, steamed greens and a rich gravy. 1351 kcal

Posh Fish and Chips 16.49

Two hand-battered sea bass fillets, served with seasoned chips, mushy peas and tartare sauce. 1233 kcal

Thick Cut Gammon Steak 15.79

Served with seasoned chips, garden peas, grilled tomato and your choice of two free-range fried eggs (+276 kcal), chargrilled fresh pineapple (+90 kcal) or one of each (+229 kcal). 681 kcal

Shepherd's Pie 17.29

Pulled lamb topped with mashed potato and Cheddar cheese, served with steamed greens. 694 kcal

Beef & Red Wine Lasagne* 16.29

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 724 kcal

Rainbow Lasagne ve 14.29

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. 444 kcal

Gobi Dhansak Curry ve 14.29

A delicious blend of vegetables, lentils and chickpeas. Served with pilau rice and two naan breads. 801 kcal

Chicken Tikka Masala 14.49

Marinated chicken served in a spiced aromatic tikka masala curry sauce. Served with pilau rice and two naan breads. 995 kcal

ADD Gunpowder Potato Samosas v +3.49

Served with mango chutney and fiery jalapeño tzatziki. 330 kcal

Poppadoms and Chutney v +1.50

Served with a mango chutney and fiery jalapeño tzatziki. 281 kcal

BURGERS

All our burgers are served with skin-on fries v

Cheese and Bacon Burger

Topped with Monterey Jack cheese and grilled back bacon. Served in a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce.

Beef

Single 879 kcal 16.29 | Double 1021 kcal 17.79

Chargrilled Chicken Breast

Single 905 kcal 16.29 | Double 1074 kcal 17.79

ADD A LITTLE EXTRA FOR 99p

BBQ Sauce ve 181 kcal | Onion Fries v 90 kcal
Cheese v 65 kcal | Bacon 75 kcal

**SWAP TO CAJUN-TOPPED FRIES v
FOR 50p +111 kcal**

Ultimate Burger 17.19

Beef burger, fiery chicken fries, cheese and back bacon topped with cheese sauce and onion fries served with southern gravy in a brioche-style bun. 1186 kcal

Falafel & Spinach Burger v 15.49

Topped with Cathedral City® plant-based slice. Served on a toasted brioche-style bun with lettuce, sliced red onion, tomato and burger sauce. 879 kcal

Vegan serve available ve 570 kcal

Hot and Spicy Chicken Burger 16.49

Hot and spicy coated chicken fillet topped with cheese, back bacon, hash brown and southern gravy in a brioche-style bun. 1050 kcal

FROM THE GRILL

Our steaks are expertly aged for depth of flavour and served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries.

8oz[#] Sirloin Steak 1129 kcal **19.99**

8oz[#] Rump Steak 974 kcal **17.99**

DOUBLE UP 8oz[#] Rump Steak 498 kcal **+4.50**

MAKE IT SAUCY FOR 1.49

Peppercorn Sauce* 82 kcal

Beef Dripping Gravy 157 kcal Chimichurri **Ve** 280 kcal

Surf & Turf 20.99

Mature 8oz[#] tender rump steak chargrilled to order, served with panko-breaded butterflied prawns. 1044 kcal

UPGRADE 8oz[#] Sirloin Steak +156 **+2.00**

Mixed Grill 20.49

Grilled 4oz[#] rump steak, chargrilled chicken breast, thick-cut gammon steak, two British farm-assured pork sausages and two free-range fried eggs. 1459 kcal

UPGRADE 8oz[#] Rump Steak +204 kcal **+4.50**

Half Roast Chicken 17.49

Served with skin-on fries and freshly dressed slaw and your choice of sauce: Hot Sauce (1374 kcal), BBQ Sauce (1306 kcal) or Chimichurri (1355 kcal).

Tandoori Chicken Skewer 16.79

Served on a flatbread with fiery jalapeño tzatziki, gem lettuce, mixed grains, pink pickled onions and hot sauce. Served with skin-on fries. 1031 kcal

Halloumi Skewer **Ve** 16.49

Served on a flatbread with fiery jalapeño tzatziki, gem lettuce, mixed grains, pink pickled onions and hot sauce. Served with skin-on fries. 1242 kcal

SWAP TO CAJUN-TOPPED FRIES **Ve FOR 50p +111 kcal**

SALADS

Chicken, Bacon and Avocado Salad 15.49

Chargrilled chicken breast, back bacon, ripe avocado, fresh sliced tomatoes and little gem lettuce tossed in a zesty dressing. 570 kcal

Avocado and Mixed Grain Salad **Ve** 13.49

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. 442 kcal

ADD Halloumi Skewer **Ve** 440 kcal **+3.00**

Chicken Tandoori Skewer 212 kcal **+3.49**

Sweet Potato, Chickpea & Apricot Falafel* **Ve** 137 kcal **+3.00**

On the Side

Seasoned Chips **Ve** 2.49

403 kcal

Skin-on Fries **Ve** 2.79

384 kcal

Cajun-Topped Fries **Ve** 3.49

Cajun-dusted skin-on fries with spicy mayo. 494 kcal

Glazed Baby Potatoes **Ve** 2.79

227 kcal

Dressed Side Salad **Ve** 2.79

75 kcal

Onion Fries **Ve** 2.79

181 kcal

Mac & Cheese **Ve** 2.79

392 kcal

Garlic Ciabatta **Ve** 2.79

223 kcal

Cheesy Garlic Ciabatta **Ve** 3.29

321 kcal

Dauphinoise Potatoes **Ve** 2.79

406 kcal

Fresh Roasted Root

Vegetables **Ve** 2.79

Parsnip, carrots and red onion.

100 kcal

Steamed Greens **Ve** 2.79

Green cabbage, leeks and peas.

87 kcal

Set Menu

DAYTIME: MONDAY to FRIDAY 12PM till 5PM
3 courses 14.79 | 2 courses 12.79 | 1 course 10.79

EVENING: MONDAY to THURSDAY after 5PM
3 courses 18.29 | 2 courses 15.79

STARTERS

Beer-Battered Mushrooms* **V**

Served with a cool sour cream dip. 284 kcal

Tomato & Roasted Red Pepper Soup **V**

Served with warm crusty ciabatta bread and butter. 330 kcal

Vegan serve available **Ve** 256 kcal

Garlic Ciabatta **V** 420 kcal

BBQ Chicken Wings

Salt & pepper chicken wings coated in classic BBQ sauce. 374 kcal

Nachos **V**

Tortilla chips topped with cheese sauce, spicy salsa, guacamole, sour cream, jalapeño peppers and spring onions. 497 kcal

DAYTIME MAINS

Hand-Carved Ham, Egg and Chips

Ham with two free-range fried eggs, seasoned chips and peas. 1090 kcal

Sausages and Mash*

Two British farm-assured pork sausages served with mashed potato and ale & onion gravy. 461 kcal

Chargrilled Chicken Breast

Served with seasoned chips, garden peas and your choice of BBQ sauce (+181 kcal), hot sauce (+86 kcal) or gravy (+36 kcal). 644 kcal

Mac & Cheese **V**

Macaroni in a Cheddar cheese sauce served with garlic ciabatta, topped with crushed tortilla chips and crispy onions. 994 kcal

Halloumi and Chips **V**

Freshly battered halloumi, served with seasoned chips, mushy peas and tartare sauce. 1323 kcal

Smoked Haddock Fishcakes

Smoked haddock fishcakes with seasoned chips, peas and tartare sauce. 736 kcal

Avocado and Mixed Grain Salad **Ve**

Bulgur wheat, giant couscous, butternut squash, red onion and cranberries, mixed with little gem lettuce, fresh sliced tomato, cucumber and ripe avocado tossed in a zesty pineapple & ginger dressing. 442 kcal

ADD Halloumi Skewer **V 440 kcal +3.00**
Chicken Tandoori Skewer 212 kcal +3.49
Sweet Potato, Chickpea & Apricot Falafel* **Ve 137 kcal +3.00**

EVENING MAINS

Classic Chicken Burger

Served in a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato and burger sauce, with a side of skin-on fries. 765 kcal

DOUBLE UP 933 kcal +1.50

8oz[#] Rump Steak +2.00

Grilled to order served with seasoned chips, grilled tomato, flat mushroom, garden peas and crispy onion fries. 974 kcal

DOUBLE UP 8oz[#] Rump Steak 498 kcal +4.50

ADD Peppercorn Sauce* 82 kcal +1.49
Chimichurri Sauce **Ve 280 kcal +1.49**
Beef Dripping Gravy 157 kcal +1.49

Scampi and Chips

Whitby™ whole-tail scampi, served with seasoned chips, garden peas and tartare sauce. 883 kcal

Chicken Schnitzel +1.00

Served with a free-range fried egg and your choice of salad (+75 kcal) or skin-on fries. (+384 kcal). 1045 kcal

Classic Beef Burger

Served in a toasted brioche-style bun with crisp lettuce, sliced red onion, tomato and burger sauce, with a side of skin-on fries. 739 kcal

DOUBLE UP 881 kcal +1.50

ADD Cheese and Bacon 140 kcal +1.50

Rainbow Lasagne **Ve**

Loaded with butternut squash, spinach, tomato, red pepper and onion, topped with pumpkin and sunflower seeds. Served with a dressed side salad. 444 kcal

Thick Cut Gammon Steak

Served with seasoned chips, garden peas, grilled tomato and your choice of two free-range fried eggs (+276 kcal), chargrilled fresh pineapple (+90 kcal) or one of each (+229 kcal). 681 kcal

Beef & Red Wine Lasagne*

Rich beef ragu layered with pasta and a Cheddar cheese sauce. Served with garlic ciabatta and a dressed salad. 724 kcal

DESSERTS

Chocolate Orange Sponge Pudding **V**

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 767 kcal

Sticky Toffee Pudding **V**

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 266 kcal

Vanilla Ice Cream **V** 450 kcal

Caramel Cheezecake **Ve**

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. 681 kcal

Belgian Chocolate Brownie **V**

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. 864 kcal

DESSERTS

Apple & Blackcurrant

Crumble **V** 6.99

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 441 kcal

Sticky Toffee Pudding **V** 6.79

Served with your choice of fluffy cream (+51 kcal), vanilla pod ice cream (+224 kcal) or thick custard (+86 kcal). 266 kcal

Chocolate Orange

Sponge Pudding **V** 6.99

A light sponge pudding with a delicious orange centre covered in rich chocolate sauce, served with vanilla pod ice cream. 767 kcal

Caramel Cheezecake **Ve** 6.99

A creamy coconut-based topping on a cinnamon biscuit base. Served with raspberries in sauce. 681 kcal

Belgian Chocolate Brownie **V** 6.79

A rich chocolate brownie, served warm and topped with vanilla pod ice cream and Belgian chocolate sauce. 864 kcal

Biscoff® Sundae **V** 6.99

Vanilla pod ice cream topped with fluffy cream, Biscoff® biscuits and Biscoff® sauce. 1030 kcal

Strawberry & Raspberry

Eton Mess Sundae **V** 6.99

Pieces of melt-in-your mouth meringue with fluffy cream, fruit and vanilla pod ice cream. 673 kcal

Best of Both

ENJOY A
MINI PUDDING &
TEA OR COFFEE
FOR 6.99

Mini Belgian
Chocolate Brownie **V**
537 kcal

Mini Strawberry
& Raspberry Eton
Mess Sundae **V**
345 kcal

HOT DRINKS



Our 100% Arabica RFA certified coffee offers a medium body and delicate taste -.

Espresso 9 kcal 2.49

Americano 11 kcal 2.79

Latte 108 kcal 2.79

ADD Vanilla Syrup 34 kcal +50p
Caramel Syrup 32 kcal +50p

Cappuccino 151 kcal 2.79

Mocha 157 kcal 2.79

All hot drinks are served with a Biscoff® biscuit **V** 18 kcal

Decaffeinated and milk alternatives+ available upon request.

Flat White 84 kcal 2.99

Iced Coffee 82 kcal 2.99

ADD Vanilla Syrup 34 kcal +50p
Caramel Syrup 32 kcal +50p

Tea 2.29

Choose from: Breakfast Tea, Earl Grey, Peppermint, Green Tea or Fruit Infusion. 0 kcal

Hot Chocolate 2.99

For the real chocoholic! 132 kcal

ADD Baileys™ 4.99

ENJOY EMBER INNS AT HOME

Visit emberinns.co.uk/takeaway or scan the QR code.

Find your local and place an order for takeaway or delivery[‡].

Put your feet up and enjoy pub classics at home!

[‡]Available at selected Ember Inns only.



Adults need around 2000 kcal per day.

V - made with vegetarian ingredients, **Ve** - made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know before ordering.

All calories are correct at the time of menu print. Live nutrition information is available online. All items are subject to availability. Set Menus are not available on national bank holidays. Fish dishes may contain small bones. #All weights stated are approximate and prior to cooking. *This dish contains alcohol. Prices include VAT at the current rate. Biscoff® is a registered trademark of Lotus Bakeries. Cathedral City® is a trademark owned by Dairy Crest Limited, trading as Saputo Dairy UK. Baileys® is a registered trademark of Diageo. -Not applicable for decaffeinated coffee (not Rainforest Alliance certified). +Available as part of selected hot drinks, please ask our team.