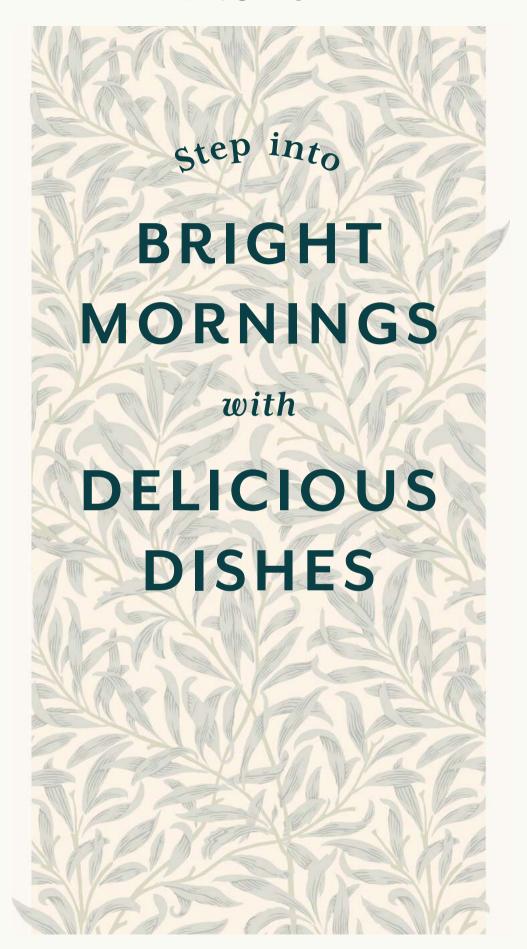
BRUNCH



EMBERINNS

Brunch Burger

A chargrilled beef burger topped with grilled back bacon, a British farm-assured pork sausage and a free-range fried egg. Served in a toasted brioche bun. 590 kcal

Classic Full English Breakfast

Two rashers of grilled back bacon, two British farm-assured pork sausages and two free-range fried eggs. Served with a flat mushroom, grilled tomato, a hash brown, baked beans and a slice of white (+284 kcal) or wholemeal (+271 kcal) bloomer toast with butter. 832 kcal

Vegetarian Breakfast *v*

Grilled halloumi, two free-range fried eggs, a flat mushroom, grilled tomato, a hash brown, baked beans and a slice of white (+284 kcal) or wholemeal (+271 kcal) bloomer toast with butter. 568 kcal

Smashed Avocado on Toast *Ve*

Fresh avocado, tomato and chilli on wholemeal toast. 491 kcal

Scrambled Eggs on Toast V

Scrambled eggs heaped on buttery white (+284 kcal) or wholemeal (+271 kcal) bloomer toast. 414 kcal

Bacon Sandwich

Three rashers of grilled back bacon on white (+ $420\,kcal$) or wholemeal (+ $393\,kcal$) bloomer bread. $233\,kcal$

Sausage Sandwich

Two British farm-assured pork sausages on white (+420 kcal) or wholemeal (+393 kcal) bloomer bread. 252 kcal

Egg Sandwich V

Two free-range fried eggs on white (+420 kcal) or wholemeal (+393 kcal) bloomer bread. 191 kcal

ADD A LITTLE EXTRA

Hash Brown V 216 kcal Bacon 75 kcal Sausage 122 kcal Halloumi V 159 kcal

LITTLE ONES' BREAKFASTS

Under 12s

Classic Breakfast

Two grilled sausages, grilled tomato, a hash brown, a free-range fried egg and baked beans. 382 kcal

HOT DRINKS

Vegetarian Breakfast *V*Grilled halloumi, grilled tomato,

Grilled halloumi, grilled tomato, a hash brown, a free-range fried egg and baked beans. 406 kcal



Tea 0 kcal



Breakfast Tea, Earl Grey, Peppermint,

100% Arabica RFA certified coffee~.

Espresso 9 kcal

Americano 11 kcal

Latte 108 kcal

Cappuccino 151 kcal

Mocha 157 kcal

Flat White 84 kcal

All hot drinks are served with a Biscoff* biscuit V 18 kcal

Decaffeinated and milk alternatives+ available upon request.

Adults need around 2000 kcal per day.

V- made with vegetarian ingredients, \overline{Ve} - made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know <u>before</u> ordering.

~Not applicable for decaffeinated coffee (not Rainforest Alliance certified). +Available as part of selected hot drinks, please ask our team. All calories are correct at the time of menu print. Live nutrition information is available online. All items are subject to availability. Prices include VAT at the current rate.

Hot Chocolate 132 kcal

Green Tea, Fruit Infusion.

Pon't get up!

SCAN THE QR CODE

TO ORDER FROM

YOUR TABLE

